Argyle ISD School Health Advisory Council

February 16, 2022 Council Minutes Webex Meeting

Call to Order: 4:30 pm

Present: Kris Wildeveld, Vanessa Branch, Deborah Cottle, Teresa Donovan, Kathleen Fortino, Shelby Guthrie, Dr. Paul Haggan, Sherrie Thompson, Lauren Tullos,

Meeting:

- "Texas Lions Camp is a residential camping facility for children with physical disabilities, type 1 diabetes, and cancer. The Camp is located on over 500 acres in the beautiful Texas Hill Country and is designed to introduce the "Can Do" philosophy to children dealing with special medical conditions.
 Children with special needs from all over the State of Texas are invited to attend one of 9 weeks, which we hope will become one of their life-long childhood memories. A week designed for fun, exploration, and challenge." The camp is totally free regardless of race, religion, or national origin.
- The Argyle Lions Club has sponsored several children for the Texas Lions Camp. For more information, go to https://www.lionscamp.com. Feel free to reach out to Argyle Lions Club on their Facebook page.
- Dr. Paul Haggan, District Crisis Coordinator, was the guest speaker. He spoke about the amount of stress students, teachers and staff are having especially returning to school after virtual learning due to the covid experience. They are trying to engage with a demanding schedule and social demand after they are accustomed to avoiding challenges and the comfort around that. Many students are moving into the district and facing so many changes in their lives as well. The teachers are also challenged with working long hours and faced with a difficult adjustment. The two trends that are seen are stress is up and coping is down.
 - Dr. Haggan is coordinating with the Argyle PD and the Argyle ISD PD on programs to introduce nonviolent escalations, and active shooter prevention.
 - He has one on one group work
 - \circ $\,$ He has trainings on depression and anxiety for those in need
 - He can be reached through the District Website or campuses.
 - Meets weekly with administrators, teachers, counselors, nurses and the Argyle ISD PD about any students who are visible or a concern to coordinate and get communication to teachers and parents and/or specialists to help the students.
 - Supports faculty, staff, anyone in the district as well as parents and flexibility to meet anywhere to help them be successful especially when dealing with stress challenges.
 - Keeping close eye on demands and needs of students and family to project and stay ahead of curve especially with lots of grief issues such as loss of income, death of family members, and in a state of flux
- Kris Wildeveld will do a report in May of what the School Health Advisory Council has done throughout the year especially working with the community and at schools to be submitted to the Board. She will have the report ready to be reviewed before the SHAC April 20th meeting.

• Covid numbers are going down however there are a lot of flu numbers which are updated on the dashboard daily.

Next Meetings: April 20, 2022

Adjourn: 4:47pm